## First Line Supervisor-Leadership Course

Five-Week, 40-Hour, Webinar Based Class

Every Tuesday from 8:00AM-5:00PM November 24<sup>th</sup>-December 22<sup>nd</sup> 2020

## **COURSE OVERVIEW**

The PSPG First Line Supervisor-Leadership Course is designed for newly promoted and aspiring sworn and civilian supervisors who are working in a first-line capacity. The course content is intended to teach self-awareness, leadership, and management skills, as well as general human dynamics and group functioning. The objectives of the course are clearly focused on providing leaders with a strategic and science-driven approach to problem management, critical incident response, group success, daily task completion, and individual competence and achievement.

Over a 5 -week period attendees will complete 40-hours of webinar-based training, exercises, scenarios, and group project work. Instructors are comprised of current and retired public safety supervisors, mental health professionals, and human resource and leadership experts.

## **COURSE SCHEDULE**

	DATE	TIME	Class Topics	Instructor
WEEK #1	Tuesday November 24th	8:00AM-	8-8:45: Introduction to the Class and Class Goals	-Dr. Troy Rodgers
		5:00PM	9-10:30: Defining the Terms: Leadership and Supervision	-Dr. Troy Rodgers
			10:45-12: Leadership Theory and Principles	-Dr. Troy Rodgers
			1-3: Good and Bad Leadership	-Dr. Troy Rodgers
			3:15-5: Critical Thinking and Problem Solving	-Lt. Pat Ficke MA.
WEEK #2	Tuesday December 1st	8:00AM-	8-10: Personality Style/Differences (Myers-Briggs)	-Dr. Ken Gilman
		5:00PM	10-12: Communication and Motivation	-Jessica Montoya MS
			1-3: Emotional Intelligence	-Bailey Grundhoffer MSW
			3-4: The Difference Between a Leader and a Manager	-Dr. Troy Rodgers
			4-5: Human Behavior and Human Roles	-Dr. Troy Rodgers
WEEK #3	Tuesday December 8 <sup>th</sup>	8:00AM-	8-8:45: Human Resources 101	-Lt. Jan Olstad
		5:00PM	9-10:30: Civil Liability	-Lt. Jan Olstad
			10:45-12: Critical Incident Management	-Lt. Jan Olstad
			1-2:30: Organizational Culture	-Lt. Pat Ficke MA.
			2:45-3:45: Toxic Leadership and Toxic Co-Workers	-Andie Watts MS.
			4-5: Trust and Support by Troops and Superiors	-Andie Watts MS.
WEEK #4	Tuesday December 15 <sup>th</sup>	8:00AM-	8-8:45: The Basic Four Steps in Training Others	-Bernie Bruha MS MA
		5:00PM	9-10:30: Adult Learners	-Bernie Bruha MS MA
			10:45-12: Giving Effective Feedback and Constructive Criticism	-Bernie Bruha MS MA
			1-3: Behavioral Health- Stress and Resilience	-Jennifer Rodgers BA
			3:15-5: Red Flags an Employees is Struggling with Stress	-Jennifer Rodgers BA
WEEK #5	Tuesday December 22nd	8:00AM-	8-8:45: Morals, Beliefs, Values, and Our Self Identity	-Dr. Troy Rodgers
		5:00PM	9-10:30: Ethics in Leadership	-Charles S. Bell LTC
			10:45-12: Why Did I Choose This Career?	-Dr. Troy Rodgers
			1-2:30: How Do I Make Good Decisions?	-Dr. Troy Rodgers
			2:45-3:45: Leadership Scenarios	-Charles S. Bell LTC
			4-5: Class Close-Out	-Dr. Troy Rodgers

## **Public Safety Psychology Group LLC**

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