

News Brief

October 21, 2021



Be Cyber Smart: Fight the Phish If it went into your junk email, nine times out of 10, it's junk. If you think it's real, pick up the phone and call the person (or send them a separate email).

- Think before you act
- Protect your personal information
- Please...please...please be wary of hyperlinks
- Double your login protection with multi-factor authentication (i.e., receive a

4-digit pin on your cell)

- Shake up your password protocol login credentials may be stolen and made available to hackers on the dark web. It is a good practice to change your password naming routine on a regular basis
- Make sure you have anti-virus software on your devices (i.e., your personal cell phone and electronic notepad); especially when some counties needed to allow personal devices to access county resources
- Type website URLs directly into a Google or a Bing search instead of clicking on links or cutting and
- pasting from the email. Oftentimes this will display results that verify the URL is fake

Ask your IT support to conduct random phishing tests

~NACo.org

10-Digit Phone Dialing Coming to New Mexico Ahead of New **New Suicide Hotline Number**

(Originally published in the Albuquerque Journal on October 5 by Dr. Melissa Mason/Guest Columnist)

September was National Suicide Prevention Month and, this month, New Mexicans need to be prepared for a new way of dialing local phone numbers that will hopefully save lives.



The National Suicide Prevention Hotline will be changing next summer from the current 1-800-273-8255 (TALK)...to a much simpler and easier to remember three-digit number: 9-8-8.

The switch to using 9-8-8 is akin to calling 9-1-1 for emergencies, and is much easier to remember in times of crisis. The hotline is in place to enable individuals of all ages to be able to connect with counselors who are trained in suicide prevention and mental health emergencies.

To accommodate this new three-digit suicide hotline, New Mexicans will now have to make ten-digit phone dialing beginning this October 24--even when dialing local calls, as we are one of 35 states that currently permits seven-digit dialing. Callers will have to dial the 505 or 575 prefixes before every call. We have local numbers using 988 as the first three digits, also known as the central office code or local

On or after October 24, if you use only seven digits for local dialing, your call may not go through or you may hear a recording directing you to use a ten-digit number. There is no need to wait for October 24 to begin using ten-digit phone numbers as this has been enabled since April 24, 2021. Start reprogramming all those numbers in your contact list now!

Suicide Prevention Help For Veterans in New Mexico

DVS has made veteran suicide awareness and prevention in New Mexico a high priority. Veterans Health Care Coordination Division Director Jemia Warner has hosted several Facebook "live" discussions with suicide awareness & prevention experts from the New Mexico VA Health Care System and leaders from veterans service organizations.

The discussion have covered everything from recognizing warning signs, taking proactive safety measures in the home, and how and where to take at-risk veterans for help here in New Mexico. These discussions, along with talks on other important topics, can be found on the DVS Facebook page: https://www.facebook.com/nmdvshealthcare2015/videos.

DVS will alert the veteran community and the media about future discussions on its Facebook page



Training for Trainers (T4T) Instructor Development

November 15-19, 2021, 8AM-5PM each day

- Holiday Inn & Suites 5050 Jefferson Ave. Albuquerque, NM 505-944-2222
- Use *New Mexico Counties* to obtain \$96 +tax room rate; reserve by Nov. 7, 2021

Gain the foundation to become a professional and dynamic instructor. Learn the principles of learning and teaching and the qualities of a good instructor. Brush up your skills on Power-Point. Learn how to develop your own curriculum; how to get it accredited. Eligible to obtain your state certification. Coffee and snacks provided.

Important: The class will be limited to only 18 participants. Certificates will be issued.









Domestic

Violence National Domestic Violence Awareness Month is also an

nnual designation observed in October.

AWARENESS MONTH For many, home is a place of love, warmth, and comfort. It's somewhere that you know you will be surrounded by care and support, and a nice little break from the busyness of the real

world. But for millions of others, home is anything but a sanctuary. The U.S. Department of Justice estimates that 1.3 million women and 835,000 men are victims of physical violence by a partner every year.

- Every 9 seconds, a woman in the U.S. is beaten or assaulted by a current or ex-significant other.
- I in 4 men are victims of some form of physical violence by an intimate partner.

Resilience Assessment Surveys Ready

Counties: Please fill out a survey and share with your communities and neighbors. Water is precious in New Mexico. Be part of the 50-year Water Plan.

Links to Resilience Assessment Surveys by water sector:

Recreation and Quality of Life Resilience Assessment Survey

<u>Public Water Systems or Domestic Wells Re-</u> <u>silience Assessment Survey</u>

<u>Irrigated Agriculture Resilience Assessment</u> <u>Survey</u>

<u>Industrial</u>, <u>Commercial</u>, <u>Mining and Power</u> Resilience Assessment Survey

Watershed and Habitat Resilience Assessment <u>Survey</u>

Thu Oct 28 Webinar: Reducing Jail Populations through State/Local Policy Coordination 11AM-Noon



(Lincoln National Forest train trestle)

Is your community firewise ready? Sign up today for the virtual WUFS and learn about wildfire preparedness before it happens. Control/click the photo to register for **FREE!**

Link to NMC Meetings Annual Calendar Link to NMC Loss Prevention Trainings RSVP All trainings open to county elected officials & employees

NACo Webinar: Reducing Jail Populations Thu Oct 28 11AM-Noon

Virtual Wildland Urban Fire Summit (WUFS) Thu Oct 28-29

Register FREE: https://web.cvent.com/

Tue Nov 2 NACo Webinar: <u>Latest on Delta Variant and</u>

<u>Using ARP Funds to Respond</u> 1PM-2PM Thu Nov 4-5 NMCIA Retreat and Board meeting TBD Tue Nov 9 NMC Executive Committee meeting 2PM

Location **TBD**

Wed Nov 10 NMC /NMML Joint Legislative meeting 9AM virtual

Mon Nov 15-19 Training for Trainers (T4T) Holiday Inn ABQ

Thu Nov 18-19 Online CPR Instructor Development 8AM-

8AM-5PM, register: ccorn@nmcounties.org

Advisory Council meeting 11 AM TBD Tue Nov 30 Wed Dec 8 NMCIA Board meeting 8:30 AM NMC Santa Fe TBD

Mon Jan 17-18 Tue Jan 18-20

NM EDGE Classes Live Online NMC Legislative Conference Hybrid, Santa

Tue Jan 18 Legislative Session Begins Noon

Tue Jan 18 NMCIA Membership meeting 9AM **TBD**

Share your county news and photos at

Submit county job postings here

View recent job postings here

New Employee? Add Directory updates <u>here</u> Did someone forward you this email? Sign up